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# PARENT PEER SUPPORT GROUP

JOIN A COMPASSIONATE, KIND, AND COLLABORATIVE COMMUNITY OF FELLOW PARENTS. WE WELCOME YOU TO A JUDGEMENT-FREE SPACE TO SHARE THE JOYS AND CHALLENGES OF RAISING CHILDREN.

## TUESDAYS 7PM

4/23

### GOOD INSIDE

Book review & discussion

5/7

### TEACHER RINDALA

Tips from a preschool teacher

5/21

### MENTAL HEALTH

Intro to diverse treatment techniques

6/11

### WRAP-UP

Takeaways & more

## CHAC

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SEE YOU  
THERE!

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